ABC Fast or Slow (RIPA Edition)
This activity is a favorite among children on the island of Jamaica. It’s mainly a classroom activity used to practice nouns, but it’s also a fun way to pass the time anywhere!

Materials
- paper
- pencil
- a friend or 2
- an open mind!

Instructions
1. Print the table below or make your own!
2. The game begins when Player 1 asks, “ABC Fast or Slow?”
3. Player 2 answers either “fast” or “slow” and then tells Player 1 to “START!”
4. Player 1 can then begin to recite the ABCs in their head either slowly or quickly (depending on Player 2’s answer).
5. Player 2 is responsible for yelling “STOP!” at any point, then Player 1 will stop and share the letter they stopped on.
6. All players will then write one word beginning with that letter for each category. Repeat steps 2 - 6 (take turns asking and commanding) OR to have a friendly competition, see steps 7 - 10.

**Competition Option**
7. Whoever finishes the row first can yell “STOP!” and everyone must complete the word that they are already writing.
8. Assign points to each category (in the example below, each category is worth 10 points) and add them up to get the total.
9. Repeat steps 2 - 8.
10. Once you are done playing, add up all points to get the GRAND TOTAL and see who’s the winner!

*Play as many times as you want and if you’ve already used a letter, start over, use it again or use the next letter!  
*This game can have multiple players. If playing with more than 2 people, take turns asking the main question, “ABC fast or slow?” and giving the commands, “fast”, “slow”, “START!” and “STOP!”. For an extra challenge:

- Add more categories
- Remove points from players who have the same answers
- Add your own rules (all players should agree on them before the game begins)

<table>
<thead>
<tr>
<th>Name</th>
<th>Animal</th>
<th>Place</th>
<th>Plant</th>
<th>Thing</th>
<th>Total (points)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Angela</td>
<td>anaconda</td>
<td>Arizona</td>
<td>apricot</td>
<td>antenna</td>
<td>50</td>
</tr>
</tbody>
</table>

ENJOY!