

**46th ANNUAL SOPHOMORE & 75th ANNUAL CHSAA FROSH INTERSECTIONAL
CHAMPIONSHIPS**

SATURDAY, MAY 13th, 2017 - Icahn Stadium

9:00 SOPH 3000m STEEPLECHASE
9:15 FROSH 2000m STEEPLECHASE
9:30 SOPH 400m IH
9:40 FROSH 400m IH
9:50 SOPH 400m RELAY (TRIALS)
10:00 FROSH 400m RELAY (TRIALS)
10:10 SOPH 100m DASH (TRIALS) - 8 FASTEST TO FINALS!
10:20 FROSH 100m DASH (TRIALS) - 8 FASTEST TO FINALS!
10:30 SOPH 110m HIGH HURDLES (TRIALS - 8 FASTEST TO FINALS!)
10:40 FROSH 110m HIGH HURDLES (TRIALS - 8 FASTEST TO FINALS!)
10:50 SOPH 400m DASH
11:00 FROSH 400m DASH
11:15 SOPH 800m RUN
11:25 FROSH 800m RUN
11:35 SOPH 200m DASH (TRIALS)
11:45 FROSH 200m DASH (TRIALS)
11:55 SOPH 3200m RUN
12:10 FROSH 3200m RUN
12:25 SOPH 110m HH (FINALS)
12:30 FROSH 110m HH (FINALS)
12:35 SOPH 100m DASH (FINALS)
12:40 FROSH 100m DASH (FINALS)
12:45 SOPH 1600m RUN
1:00 FROSH 1600m RUN
1:15 SOPH 200m DASH (FINALS)
1:20 FROSH 200m DASH (FINALS)
1:25 SOPH 3200m RELAY
1:45 FROSH 3200m RELAY
1:55 SOPH 400m RELAY (FINALS)
2:00 FROSH 400m RELAY (FINALS)
2:05 SOPH 1600m RELAY
2:20 FROSH 1600m RELAY
2:35 VARSITY 800m RELAY (FINAL ON TIME!)
2:45 SOPH GIRLS SPRINT MEDLEY (400-200-200-800)
2:55 FROSH GIRLS SPRINT MEDLEY (400-200-200-800)
3:05 VARSITY SPRINT MEDLEY (400-200-200-800)

FIELD EVENTS

SHOT PUT 9:00 SOPHOMORES followed by FRESHMEN
HIGH JUMP 9:00 FRESHMAN-SOPHOMORE COMBINED
POLE VAULT 9:00 FRESHMAN followed by SOPHOMORE
TRIPLE JUMP 9:00 FRESHMAN-SOPHOMORE - SEPARATE FINALS!
LONG JUMP To Follow TJ
DISCUS 9:00 FRESHMAN followed by SOPHOMORES
JAVELIN 9:00 SOPHOMORE followed by Freshmen

**CHSAA FRESHMAN SOPHOMORE INTERSECTIONAL CHAMPIONSHIPS
SATURDAY MAY 13, 2017 @ Icahn Stadium**

** SOPH GIRLS SPRINT MEDLEY _____

** FROSH GIRLS SPRINT MEDLEY _____

ENTRIES CLOSE: May 10th

_____ TOTAL RELAYS X \$14.00 = \$ _____

TOTAL ENTRY FEE: \$ _____

MAKE CHECKS PAYABLE TO: CHSAA

Mail Entry to: Pierre Chavez- CHSAA Outdoor Chair

Fordham Preparatory School

East Fordham Rd.

Bronx, NY. 10458

Questions? Email **Meet Director** Pierre Chavez @ chavezp@fordhamprep.org

Fax: 718-367-7598

SCHOOL: _____

Coach _____ Phone _____ E-mail _____

CHSAA Freshman & Sophomore Championships
Meet Instructions

Event Rule: An athlete may compete in a maximum of 2 events.

Scoring: 6-4-3-2-1

Awards: Top 3 Teams receive Plaques
Top 5 Individuals receive Medals
Top 5 Relay Teams receive Medals
Outstanding Track & Field Performer (1 Freshman, 1 Sophomore)

Batons: Supplied by the meet.

Uniform Rule: All athletes must wear a school issued uniform. Tops must have the school name clearly displayed and shorts must be worn.

Stickers: All individual running, Field events, and relay cards need stickers. ***PLEASE USE THE STICKER PROVIDED AT THE MEET AS THEY ARE BAR CODED.***
All roster on directathletics.com should have been updated before April 20th

Relay Cards: School Name
Event
First and Last Name of all Runners
Seed Time (Be Reasonable)

Starting Heights: 4' 8" for the Freshman High Jump
5' 0" for the Sophomore High Jump
7' 6" for the Freshman Pole Vault
8' 6" for the Sophomore Pole Vault

100 Dash – top 8 times to finals

110 Hurdles- top 8 times to final

200 is based on time., 6 to finals

Preferred Lanes: 4-5-3-6-2-7-1-8 Top seeds will receive preferred lanes in semi's and finals only.

New 2013; Javelin/discus - please indicate on athletes sticker a seed for each athlete. This year we will try to have the top seeds throw together in the final flight. If your athlete wishes to throw in an earlier flight please have him tell the official when he checks in.

CHSAA Sophomore Intersectional Championship Meet Records-- updates 3/3/2016

<u>Event</u>	<u>Mark</u>	<u>Name</u>	<u>Team</u>	<u>Year</u>
110HH	14.9	L Lord	Xaverian	1989
100y Dash	10.4	S McKintosh	Rice	1962
100m Dash	10.6	G Gooden	Nazareth	1983
200m Dash	21.82	Laray Smith	Xaverian	2011
440y Run	50.7	P Powell	Spellman	1985
880y Run	1:59.1	R Higgins	Scanlan	1975
	1:59.1	J Johnson	St. Pius	1983
800m Run	1:56.07	T Louro	St.Anthony's	2012
One Mile Run	4:26.68	Sean Phillips	Regis	2013
Two Mile Run	9:34.3	M Sayers	Farrell	1975
3000m Steeplechase	9:41.3	C Gonzalez	Bishop Ford	1991
300 Intermediates	42.8	M Sacaian	Molloy	1977
400 Intermediates	57.17	Sean Collins	Molloy	2008
400m Relay	44.46		Cardinal ayes	2016
800m Relay	1:34.3		Cardinal Hayes	1989
1600m Relay	3:30. 88	Boyce, Duplessis, Hovanek, Micheels	St. John the Baptist	2008
3200m Relay	8:16.3		St. Anthony's	1990
Long Jump	21'6"		Loughlin	1998
High Jump	6'3"	Jordan White	Fordham	2007
Triple Jump	44'8.75"	K Szabadhegy	Farrell	1980
Pole Vault	14'0	Ryan Herrera-Murphy	Iona Prep	2012
Discus	162'2	S Petraglia	Farrell	2002
Shot Put	51'10	J Odierno	All Hallows	1962
Javelin	155'2	D Dombrowski	Molloy	2005

CHSAA Freshman Intersectional Championship Meet Records- updated 3/26/2015

<u>Event</u>	<u>Mark</u>	<u>Name</u>	<u>School</u>	<u>Year</u>
110HH	15.6	M Mastanduno	St. Anthony's	2007
100y Dash	10.0	K McVey	Chaminade	1969
100m Dash	11.14	A Porter	Mount St. Michael	2012
200m Dash	22.43	A Porter	Mount St. Michael	2012
440y Run	52.3	D Everett	Power	1971
400m Run	51.3	L Williams	St. Peter's	2004
880y Run	2:02.2	J Sierra	Dubois	1971
800m Run	2:01.5	K Ettridge	Loughlin	1988
One Mile Run	4:30.5	W Dwyer	Rice	1968
Two Mile Run	10:14.6	J Crotty	Maria Regina	1978
3200m Run	10:08.93	Dan Galford	Farrell	2010
2000m Steeplechase	6:32.0	R McDermott	Chaminade	2004
300 Intermediates	43.6	S Cavanaugh	Farrell	1980
400 Intermediates	60.0	K Collymore	Farrell	2000
400m Relay	46.4		Chaminade	1985
800m Relay	1:32.86		Christ the King	2013
1600m Relay	3:38.95		Xavier	2012
3200m Relay	8:43.2		LaSalle	1976
Long Jump	20'11.75"	R Gaines	Rice	1954
High Jump	6'4"	M. Barios	Christ the King	1994
Triple Jump	41'5.75"	J Lovelace	Molloy	2012
Pole Vault	12' 3"	Louis Logsdail	Iona Prep	2016
Discus	136'4	G Exarchakis	St. Francis Prep	1979
Shot Put	58'1.75	J Brancacco	McClancy	1976
Javelin	143'09"	Nicholas Blajeski	Monsignor Farrell	2011