

## Make Your Own Nature Journal

A nature journal is a place where you can write down all of your observations of nature! All **scientists** use their **observational skills** to learn more about the world around us.

### Materials Needed:

- Paper
- Writing utensils

### Instructions:

1. Choose a spot where you can observe nature, whether that's your window, yard, or a park. Write down the date, time, location, and weather.
2. Use your **senses (sight, smell, touch, hearing)** to make observations about the nature you are looking at.
3. Draw or write down your observations! If you draw your observations, be sure to label your picture.
4. Go to the same spot on different days or different times and write down any differences you notice.
5. Share your observations and sketches with us on social media, or at [naturalareas@randallsisland.org](mailto:naturalareas@randallsisland.org)!



### To help get you started, think about these questions:

- Do you see any animals? What are they doing?
- Do you see any plants? What do they look like? What differences do you notice?
- How many flowers can you see? What do they smell like?
- What natural sounds can you hear? Birds chirping? Wind blowing?
- How does the tree bark feel? Is it rough? Smooth? Flakey?
- What colors do you notice?
- What season is it? How can you tell?



\_\_\_\_\_ 's Nature Journal

Date: \_\_\_\_\_

Time: \_\_\_\_\_

Location: \_\_\_\_\_

Weather: \_\_\_\_\_

**Nature Drawings**

**Did you notice any changes from your previous entry?**

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