

## Metropolitan Middle School Track & Field Association

Meet Schedules (All Times are estimated - Events may start sooner)

### **Monday, April 11, 2022**

3:30 Long Jump Boys and Girls

3:30 Shot Put Boys and Girls

4:30 Girls 80 meter hurdles \*\*

4:40 Boys 80 meter hurdles\*\*

4:50 Boys and Girls 4x800 relay

5:35 Boys and Girls 4x100 relay

6:00 Boys and Girls 4x400 relay

### **Monday, April 18, 2022**

3:30 Long Jump Boys and Girls

3:30 Shot Put Boys and Girls

4:30 Girls 1500

4:40 Boys 1600

4:50 Girls 80 meter hurdles\*\*

5:00 Boys 80 meter hurdles\*\*

5:25 Girls 4x200 relay

5:40 Boys 4x200 relay

6:00 Girls 200 meter hurdles\*\*\*\*

6:05 Boys 200 meter hurdles\*\*\*\*

6:15 Girls 800

6:25 Boys 800

### **TWO REMINDERS FOR ALL MEETS:**

- 5<sup>th</sup> and 6<sup>th</sup> graders are not eligible.
- Long Jump has a limit of 4 jumpers per school, per gender.

### **Monday, April 25, 2022**

3:30 Long Jump Boys and Girls  
3:30 Shot Put Boys and Girls  
4:30 Girls 1500  
4:40 Boys 1600  
4:50 Girls 80 meter hurdles\*\*  
5:00 Boys 80 meter hurdles\*\*  
5:25 Girls 4x100 relay  
5:40 Boys 4x100 relay  
6:00 Girls 200 meter hurdles\*\*\*\*  
6:05 Boys 200 meter hurdles\*\*\*\*  
6:15 Girls 800 meters  
6:25 Boys 800 meters

### **Monday, May 02, 2022**

3:30 Long Jump Boys and Girls  
3:30 Shot Put Boys and Girls  
4:30 Girls 200 meter hurdles\*\*\*\*  
4:40 Boys 200 meter hurdles\*\*\*\*  
4:50 Girls and Boys SMR(400-200-200-800) 1 relay per school per division  
5:20 Girls and Boys 4x800 (2 relays per school per division)  
5:50 Girls and Boys 4x200 (2 relays per school per division)  
6:15 Girls and Boys 4x400 (2 relays per school per division)

**\*\* 8 hurdles, 12 meters start to 1<sup>st</sup> hurdle, 8 meters between, 12 meters from the last hurdle to finish**

**\*\*\*\* 5 hurdles, 20 meters to start to 1<sup>st</sup> hurdle, 35 meters between, 40 meters to finish**